Lesson Plan

Valuable

Created: 03/2019 by the National FFA Organization

***Retiring Address Video Summary**: From the day we are born, there is a value and purpose for our life. It is important to remember everyone is different and brings different skills, talents and knowledge to the table. Everyone is valuable in their own unique way. In this retiring address, 2017-18 National FFA Eastern Region Vice President Gracie Furnish discusses how valuable each person is and why we need to see ourselves as valuable too.*

STUDENT LEARNING OBJECTIVES:

After completing these activities, students will …

1. Identify why they are valued.
2. Determine how they can add values to others.

TIME REQUIRED: 45 minutes

RESOURCES:

1. Video: "Valuable, Gracie Furnish Retiring Address," https://vimeo.com/297177935

EQUIPMENT AND SUPPLIES NEEDED:

1. A copy of the "Valuable" worksheet for each student
2. Internet access to play the video in real time or embed it in a PowerPoint ahead of time

THIS QUICK LESSON PLAN WOULD WORK WELL AS A:

1. Leadership lesson.
2. Personal growth lesson.

STUDENT ACTIVITY SHEETS:

Direct access to student activity sheets without lesson plan or answer key for easy upload to learning management systems or printing for classwork.

https://ffa.box.com/s/3e2es99416a8ipfx5uvi36xietnak1md (Word)

https://ffa.box.com/s/vpn5qzm8imfyfv1z6a2rvdcc7j9s2p0q (Non-Designed)

https://ffa.box.com/s/38s5u5z9jn2gsrbrqtcteod58r1lehy5 (PDF)

THESE ACTIVITIES ARE ALIGNED TO THE FOLLOWING STANDARDS:

FFA Precept

- FFA.PL-A.Action: Assume responsibility and take the necessary steps to achieve the desired results, no matter what the goal or task at hand.
- FFA.PL-C.Vision: Visualize the future and how to get there.
- FFA.PL-E.Awareness: Understand personal vision, mission and goals.
- FFA.PG-J.Mental Growth: Embrace cognitive and intellectual development relative to reasoning, thinking and coping.
- FFA.CS-N.Decision Making: Analyze a situation and execute an appropriate course of action.

Common Core – Literacy in Science & Technical Subjects: Writing

- CCSS.ELA-Literacy.WHST.9.10.4: Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

Common Core – Math Practices

- CCSS.MP1: Make sense of problems and persevere in solving them.
- CCSS.MP5: Use appropriate tools strategically.
- CCSS.MP6: Attend to precision.

AFNR Career Ready Practices

- CRP.02: Apply appropriate academic and technical skills. Career-ready individuals readily access and use the knowledge and skills acquired through experience and education to be more productive.

- CRP.04: Communicate clearly, effectively, and with reason. Career-ready individuals communicate thoughts, ideas and action plans with clarity, whether using written, verbal and/or visual methods.
- CRP.06: Demonstrate creativity and innovation. Career-ready individuals regularly think of ideas that solve problems in new and different ways, and they contribute those ideas in a useful and productive manner to improve their organization.
- CRP.08: Utilize critical thinking to make sense of problems and persevere in solving them. Career-ready individuals readily recognize problems in the workplace, understand the nature of the problem, and devise effective plans to solve the problem.

Partnership for 21st Century Skills

- Communication
- Critical Thinking and Problem Solving
- Flexibility and Adaptability
- Initiative and Self-direction
- Leadership and Responsibility

LESSON PLAN:

1. *Bell Ringer:* What does the word "valuable" mean to you?

2. *Introduction:* *The word "valuable" may have generated many different definitions; however, valuable can mean so much more than the things we physically possess. Today, we are going to watch a retiring address from the 91st National FFA Convention & Expo. This retiring address was given by 2017-18 National FFA Eastern Region Vice President Gracie Furnish. In her speech, she describes what being valuable and adding value really means.*

3. *Activity:* Each student needs a copy of the worksheet "Valuable." Students will watch the retiring address of 2017-18 National FFA Eastern Region Vice President Gracie Furnish and complete the activities. The URL is https://vimeo.com/297177935.

4. *Follow-up:*

   Option 1: Using the included template, have each student fill out the "I am valuable because _____" sheet (Appendix 1). Take a picture of each student holding their sign. Create a collage using all the pictures and hang it up in the classroom to remind students everyday why they are valuable.

   Option 2: Have students identify a teacher, administrator, counselor, etc. in the school that adds value to their life and have them send a quick note thanking that person and explaining how they have been valuable.

5. *Leveling Up:* Have students develop a service activity or event that will add value to your school or community. For example, students could host a canned food drive.

6. *Exit Ticket:* What does the word "valuable" mean? Name one way you will add value to someone else today.

NAME: _____

Aligned to the following standards:
FFA.PL-A; FFA.PL-C; FFA.PL-E; FFA.PG-J; FFA.CS-N; CCSS.ELA.WHST.9.10.4; MP1; MP5; MP6; CRP.02; CRP.04; CRP.06; CRP.08

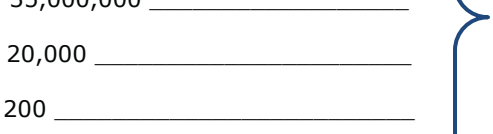
Valuable

DIRECTIONS:

Fill in the blanks and answer the questions below while watching "Valuable," the retiring address of 2017-18 National FFA Eastern Region Vice President Gracie Furnish, available at https://vimeo.com/297177935.
Note: All the "statements" made by Gracie (found on the PowerPoint shown in the video) correspond with the fill-in-the-blank flags found throughout the worksheet.

What _____ are.

- 100,000,000,000,000 _____
- 100,000,000,000 _____
- 35,000,000 _____
- 20,000 _____
- 200 _____
- 22 _____



- 157,680 _____
- 6,570 _____
- 938 _____

Who _____ are.

What you do is _____.



Identify three actions you have experienced (done by someone else for you) this month that have been valuable to you.

1.

2.

3.

According to Gracie, how can we create a ripple effect?

a. Positive attitude
b. Words of encouragement
c. Taking actions that show we care
d. All of the above

According to Gracie, when do we truly begin living?

a. When we realize our purpose in life
b. When we realize life isn't just about us
c. When we realize our next step in life



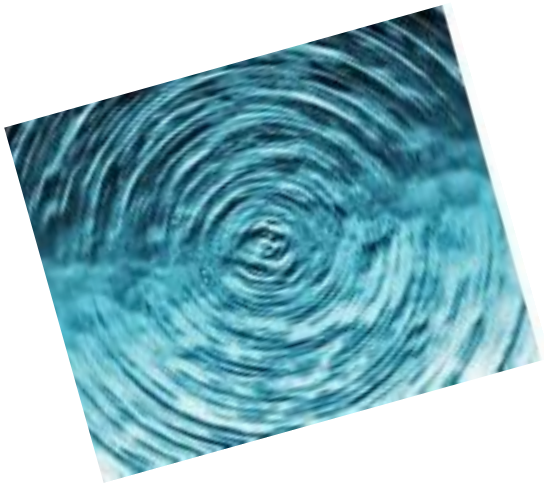
Value has nothing to do with the things that you own. It all has to do with …

What can you do to add value to the lives of others in your school or community?

_____
_____
_____
_____

What is something you have seen someone else do that has caused a ripple effect?

_____
_____
_____
_____



Identify a group in your community that works to add value to the lives of others.

_____

What specifically did this group do to add value to the lives of others?

_____
_____
_____
_____

_____ is valuable.

Identify three people who are valuable in your life.

→

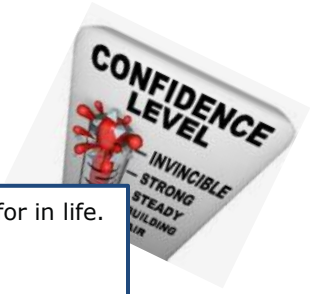
→

→



1. Circle one of the people you listed as being valuable in your life.
2. Construct a 3- to 5-sentence note to tell them how and why they are valuable to you and your life.

_____ are valuable.



What makes you valuable?

Draw a picture depicting what you want to be known for in life.



What you _____ is valuable!

According to Gracie, each of our lives has a certain what?

a. Magnitude
b. Greatness
c. Extent
d. All of the above

What can you do moving forward to add value to your life and your family's life?



Appendix 1

I am valuable because ...

Aligned to the following standards:
FFA.PL-A; FFA.PL-C; FFA.PL-E; FFA.PG-J; FFA.CS-N; CCSS.ELA.WHST.9.10.4; MP1; MP5; MP6; CRP.02; CRP.04; CRP.06; CRP.08

KEY: Valuable

DIRECTIONS:

Fill in the blanks and answer the questions below while watching "Valuable," the retiring address of 2017-18 National FFA Eastern Region Vice President Gracie Furnish, available at https://vimeo.com/297177935.
Note: All the "statements" made by Gracie (found on the PowerPoint shown in the video) correspond with the fill-in-the-blank flags found throughout the worksheet.

What we are.

- 100,000,000,000,000 cells
- 100,000,000,000 nerve cells in your brain
- 35,000,000 heartbeats/year
- 20,000 genes
- 200 muscles
- 22 internal organs

↔

- 157,680 hours
- 6,570 days
- 938 weeks

Who you are.

What you do is valuable.

According to Gracie, when do we truly begin living?

a. When we realize our purpose in life
b. When we realize life isn't just about us
c. When we realize our next step in life

Identify three actions you experienced (done by someone else for you) have experienced this month that have been valuable. Answers will vary.

1.

2.

3.



According to Gracie, how can we create a ripple effect?

a. Positive attitude
b. Words of encouragement
c. Taking actions that show we care
d. All of the above

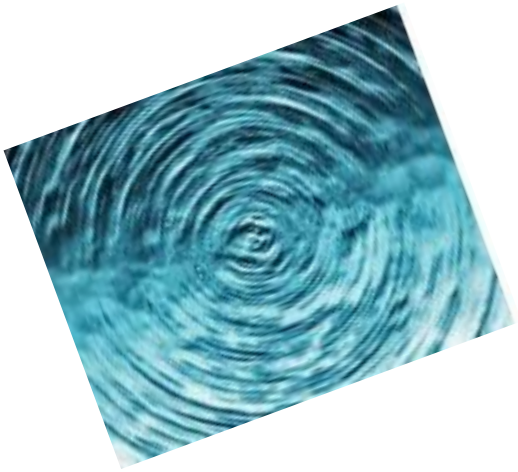
Value has nothing to do with the things that you own. It all has to do with … being worthy, helpful and impactful.

What can you do to add value to the lives of others in your school or community?

_____
_____
_____
_____

What is something you have seen someone else do that has caused a ripple effect?

_____
_____
_____
_____



Identify a group in your community that works to add value to the lives of others.

_____

What specifically did this group do to add value to the lives of others

_____
_____
_____
_____

Life is valuable.

Identify three people who are valuable in your life. Answers will vary.

→

→

→



1. Circle one of the people you listed as being valuable in your life.
2. Construct a 3- to 5-sentence note to tell them how and why they are valuable to you and your life.

Answers will vary.

You are valuable.



What makes you valuable?
Answers will vary.

Draw a picture depicting what you want to be known for in life.
Answers will vary.



What you do is valuable!

According to Gracie, each of our lives has a certain what?

a. Magnitude
b. Greatness
c. Extent
d. All of the above

What can you do moving forward to add value to your life and your family's life?
Answers will vary.

