Lesson Plan

Make it Meaningful

Created: 02/2020 by the National FFA Organization

Retiring Address Video Summary: *In this retiring address, 2018-19 National FFA Eastern Region Vice President Adrian Schunk discusses the importance of making moments in life meaningful because that is the time in which we can really give something meaningful to others.*

STUDENT LEARNING OBJECTIVES:

After completing these activities, students will …

1. Describe the importance of having meaningful moments.
2. Describe the impact meaningful moments can have on an individual.

TIME REQUIRED: 45 minutes

RESOURCES:

1. Video: "Make It Meaningful | Adrian Schunk Retiring Address," https://vimeo.com/370718491

EQUIPMENT AND SUPPLIES NEEDED:

1. A copy of the "Make It Meaningful" worksheet for each student
2. Internet access to play the video in real time or embed it in a PowerPoint ahead of time

STUDENT ACTIVITY SHEETS:

Direct access to student activity sheets without lesson plan or answer key for easy upload to learning management systems or printing for classwork.

https://ffa.box.com/s/14dvf934dbgo7t3q2unou3dt0ohyy2x8 (Word)

https://ffa.box.com/s/8qnfpcajlndamsyrw59iwarjsml7bdc0 (Non-Designed)

https://ffa.box.com/s/fdfm68doh8hp1kwwfs9zg8dz8itbbbzg (PDF)

THESE ACTIVITIES ARE ALIGNED TO THE FOLLOWING STANDARDS:

FFA Precept

- FFA.PL-A.Action: Assume responsibility and take the necessary steps to achieve the desired results, no matter what the goal or task at hand.
- FFA.PL-C.Vision: Visualize the future and how to get there.
- FFA.PL-E.Awareness: Understand personal vision, mission and goals.
- FFA.PG-J.Mental Growth: Embrace cognitive and intellectual development relative to reasoning, thinking and coping.
- FFA.CS-N.Decision Making: Analyze a situation and execute an appropriate course of action.

AFNR Career Ready Practices

- CRP.02: Apply appropriate academic and technical skills. Career-ready individuals readily access and use the knowledge and skills acquired through experience and education to be more productive.
- CRP.04: Communicate clearly, effectively, and with reason. Career-ready individuals communicate thoughts, ideas and action plans with clarity, whether using written, verbal and/or visual methods.
- CRP.06: Demonstrate creativity and innovation. Career-ready individuals regularly think of ideas that solve problems in new and different ways, and they contribute those ideas in a useful and productive manner to improve their organization.
- CRP.08: Utilize critical thinking to make sense of problems and persevere in solving them. Career-ready individuals readily recognize problems in the workplace, understand the nature of the problem, and devise effective plans to solve the problem.

Partnership for 21st Century Skills

- Critical Thinking and Problem Solving
- Flexibility and Adaptability
- Initiative and Self-Direction
- Leadership and Responsibility

LESSON PLAN:

1. *Bell Ringer:* Describe a meaningful moment you have had in the past week. Why was this moment meaningful to you?

2. *Introduction:* *Meaningful moments can come in many forms and are important for making connections and an impact. Today, we are going to watch a retiring address from the 92nd National FFA Convention & Expo. This retiring address was given by 2018-19 National FFA Eastern Region Vice President Adrian Schunk. In her speech, she discusses the importance of making moments in life meaningful because that is the time in which we can really give something meaningful to others.*

   Before watching the video, look over the questions on the "Make It Meaningful" worksheet, and be ready to listen for the answers as you view the video.

3. *Activity:* Each student needs a copy of the worksheet "Make It Meaningful." Students will watch the retiring address of 2018-19 National FFA Eastern Region Vice President Adrian Schunk and complete the activities. The video URL is https://vimeo.com/370718491.

4. *Follow-up:* Brainstorm five ways in which you can work to make more moments meaningful in your life.

5. *Leveling Up:* Meaningful moments can be developed any time we make the effort to focus and be present. Create a meaningful event that students can share with elementary students. An example could be reading an agriculturally related story book to the local kindergarten class with an interactive activity to follow.

6. *Exit Ticket:* Why is it important to be in the moment and make it meaningful?

NAME: _____

Aligned to the following standards:
FFA.PL-A; FFA.PL-C; FFA.PL-E; FFA.PG-J;
FFA.CS-N; CRP.02; CRP.04; CRP.06; CRP.08

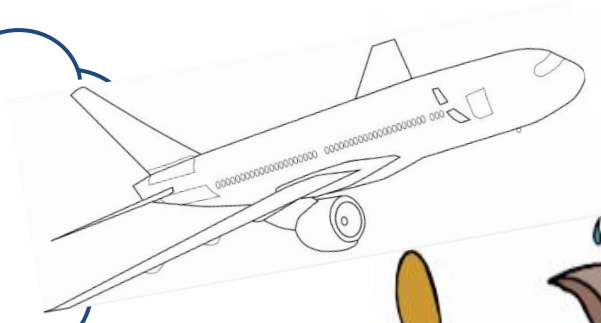
Make It Meaningful

DIRECTIONS:

Fill in the blanks and answer the questions below while watching "Make It Meaningful," the retiring address of 2018-19 National FFA Eastern Region Vice President Adrian Schunk, available at https://vimeo.com/370718491.

What state was Adrian headed to at the beginning of her speech?

a. Alabama
b. Minnesota
c. Illinois
d. New York



_____ moments don't have any _____ until we choose to see it.

According to Adrian, why is being in the moment so important?

a. It's the only time we can give something meaningful to others.
b. Having meaningful moments make friendships stronger.
c. Being in the moment makes you more alert to new situations.



_____ waterfall is among the top ten biggest waterfalls in the world.

Brainstorm: What are three things you can do to be in the moment?

1.

2.

3.

What have you done so far this month that has been a meaningful moment?

Always remember:

You _____. You are_____, and you are _____.

DIRECTIONS:

In the space below, draw a picture of a meaningful moment you have experienced in your life.

What makes this moment so meaningful to you?



How can you help others have positive meaningful moments that have the same impact as the moment you drew above?

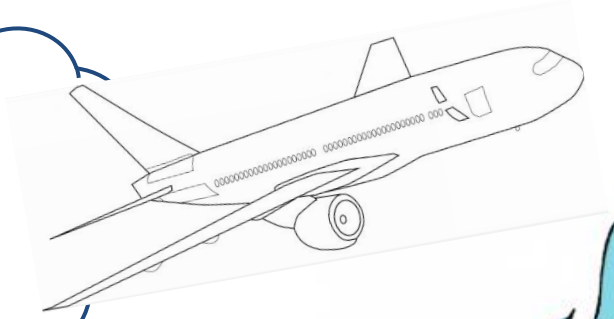
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FFA.CS-N; CRP.02; CRP.04; CRP.06; CRP.08

KEY: Make It Meaningful

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According to Adrian, why is being in the moment so important?

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Niagara Falls waterfall is among the top ten biggest waterfalls in the world

Brainstorm: What are three things you can do to be in the moment? Answers will vary.

1.

2.

3.

What have you done so far this month that has been a meaningful moment?
Answers will vary.

Always remember:

You matter. You are loved, and you are enough.